

BIBLE READING PLAN

30 DAYS IN THE PSALMS

Every relationship is built on communication. The same is true of our relationship with God; it requires regular communication to grow. The best way to establish and maintain a personal relationship with God is to have a plan. This reading plan will take you through some of the most important Psalms through 30 days.

The Psalms were essentially the divinely inspired book of songs for the Israelites. These Psalms were more than just read, they were sung. They were saturated in the minds and hearts of God's people. Christians have also sang and prayed the Psalms through generations, from the early church through the reformation. The Psalms more than anything else, strengthen our relationship with Jesus.

Getting Started

Start by setting aside a specific time (15 minutes to 1 hour) and place each day. Sit down, take a few deep breaths, and start by asking God to give you focus, clarity, and to remove any distractions. Before you begin reading your Bible, pause, reflect, prepare your heart, and ask God to reveal himself to you. Lastly, grab your Bible, a pen or highlighter, and something to write on.

As you read, try Highlighting your favorite verse(s), Explaining what happened in the text, Applying it to your life, and Responding in prayer. This is known as the H.E.A.R. method.

Highlight - What verses(s) or statement(s) from today's passage stood out to you?

Explain - Once you finish reading, take the time to revisit what you highlighted. Use your notebook and pen to both explain the passage and write down the main idea in your own words.

Apply - How can you apply this passage to your own life? Write down your ideas as they come.

Respond - In light of today's passage, how are you going to respond to God in prayer?

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30 DAYS IN THE PSALMS

Day 1: Psalm 1

Day 2: Psalm 16

Day 3: Psalm 19

Day 4: Psalm 23

Day 5: Psalm 25

Day 6: Psalm 29

Day 7: Psalm 37

Day 8: Psalm 46

Day 9: Psalm 51

Day 10: Psalm 56

Day 11: Psalm 57

Day 12: Psalm 63

Day 13: Psalm 84

Day 14: Psalm 86

Day 15: Psalm 91

Day 16: Psalm 92

Day 17: Psalm 94

Day 18: Psalm 95

Day 19: Psalm 96

Day 20: Psalm 100

Day 21: Psalm 103

Day 22: Psalm 104

Day 23: Psalm 119

Day 24: Psalm 121

Day 25: Psalm 130

Day 26: Psalm 138

Day 27: Psalm 139

Day 28: Psalm 143

Day 29: Psalm 145

Day 30: Psalm 150