FAMILY DISCIPLESHIP GUIDE

GRADES 4-5

WHAT TO EXPECT

- Can read silently and remember what they've read
- Will start to value peer approval
- May enjoy service opportunities
- Memorizing facts with much more ease
- Wants to be seen as independent and mature

SAY THINGS LIKE

- How can I pray for you today/this week?
- Having faith isn't always easy, but you can trust God no matter what!
- What do you think is the wisest choice in this situation?
- Don't ever get tired of doing what is right (2 Thess 3:13).
- If you were them, how do you think you would want to be treated?

DAILY ROUTINES



MORNING

Be positive and use this time to coach them up for the day. Instill purpose with encouraging, gospel-saturated words as they start off their day.



EVENING

On the drive home and at the dinner table, listen and engage in conversation to interpret how they feel about the activities of their day (school, sports, interests). Be intentional about establishing important values for them (being respectful, doing to others what you want done to yourself, etc.).

BEDTIME

Be a counselor and have a five-minute conversation in their room without the distraction of a tablet, tv, or phone (leave your phone in another room). Be encouraging to them and make sure that they know you care about the things that are important to them, and that you love them no matter what.



Show your kids how to read & understand the Bible.

- Lead a family devotional for your family once a week.
- Read 4-6 verses or a story in the Bible, then ask simple questions to start discussion like: What is something you noticed in these verses? What does this tell us about Jesus? What does this tell us about ourselves?
- Plan some family games that help them learn and navigate learning facts about the Bible
- (If possible) take them on a discovery vacation that makes the Bible become more real for them (replica of Noah's ark in Kentucky, and/or Bible museum in Washington DC).

PRAYER



Show your kids how to pray.

- Teach your child the values behind the Lord's Prayer, i.e. teach your child what biblical prayer looks like.
- Start asking your child to lead some of the family prayer times that happen throughout the week (meals, bedtime, etc.).
- Help them start to feel comfortable praying in public (dinner out, meals with other families, etc.).



Show your kids church is important.

- Navigate their schedule so they are consistently involved in age appropriate church programming on a weekly basis.
- Every month, schedule social activities with 3-5 other families from the church (preferably families in your Connect Group who have children the same age).
- Show them the value of serving others through opportunities the church gives to serve (*like a Serve828 event*).
- Bring them with you into parts of the Sunday morning services so they can see, and then explain to them what is taking place when people are baptized or when we take part in the Lord's Supper as a community, etc.



- Make them aware of missions, and how Christians are called to be passionate about missions (sponsoring a Compassion child, writing letters to missionaries, reading stories of missionaries).
- Start the process of teaching your child how to share the gospel (3 circles backed up with verses to memorize is a great place to start).



BILTMORECHURCH.COM 35 CLAYTON RD I ARDEN, NC 28704