

GRADES 6-8

FAMILY DISCIPLESHIP GUIDE



GRADES 6-8

WHAT TO EXPECT

- Enjoys learning new skills and being challenged
- Will start to have the ability to see the world in different perspectives
- Will be able to solve complex multi-step problems
- Capable of self-evaluation and self-critique
- Will benefit from talking about what they are feeling and why
- Will often mask emotions to fit in

SAY THINGS LIKE

- How can I pray for you today/this week?
- Can we pray about this together?
- God made you, He knows you, and He loves you.
- The way you live can show others who Jesus is.
- God will never stop loving you.
- I have questions, too. What other things do you wonder about?
- What would be a fun way we could serve others together?

DAILY ROUTINES



MORNING

Be positive and use this time to coach them up for the day. Instill purpose with encouraging, gospel-saturated words as they start off their day.



EVENING

On the drive home and at the dinner table, listen and engage in conversation to interpret how they feel about the activities of their day (*school, sports, interests*). Also, be intentional about establishing important values for them (*being respectful, doing to others what you want done to yourself, etc.*).



BEDTIME

Ask them each night if they want or need to talk about anything before they go to bed. Remind them that you are always available and that good or bad, they can tell you anything and you will always love them.



BIBLE

Show your kids how to read & understand the Bible.

- Sit down with them and show your child how you plan a family devotion each week.
- Find a Bible reading plan that works for your family to read together (*start small, the key is to create a healthy daily habit for your child*).
- Build some family times around games, trivia, and fun for your children to remember the Bible that has real rewards if they do well (*board games, scripture memory, trivia games that result in rewards if they are diligent*). Start small.



PRAYER

Show your kids how to pray.

- Start a family prayer journal that you talk through during your family devotion time. Celebrate together when God answers some of those prayers.
- Ask often how you can pray for your child. Start to give your child opportunities to pray for you (*only about topics they can handle for their age*).
- Consistently make sure your family is praying together, out loud, and that everyone in the family is participating.



CHURCH

Show your kids church is important.

- Attend Sunday morning services with your middle school age child. It's important that you help with focus during this time.
- Consistently take your child to student ministry programming (*Wednesday Nights, Connect Group, and any other middle school student ministry activities*).
- Invite church friends and your child's student ministry leaders to be a part of your family outside of church (*family dinner, day at the park, etc.*).



ACTION

Show your kids how to put their faith into action.

- Find opportunities to consistently serve with your child at church (*ex: as a weekly greeter or parking assistant*).
- Go with your child on a mission trip (*local or abroad*).
- One time a month, set up an opportunity for your child to see you share the gospel with someone.



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