

DAVID'S MEN

SEEKING THE HEART OF GOD



Sexual Purity

The Lord has sought out a man after his own heart, and the Lord has commanded him to be prince over his people.
1 Samuel 13:14

And David sent and inquired about the woman. And one said, "Is not this Bathsheba, the daughter of Eliam, the wife of Uriah the Hittite?" So David sent messengers and took her, and she came to him, and he lay with her.
2 Samuel 11: 3-4

Sexual purity is not the only battle men face, but it is every man's battle...and one we face daily. Some of us have struggled with lust and pornography issues for as long as we can remember. Some of us have been lulled into thinking we don't have any issues in this area and are completely unaware of how far we have strayed from the Biblical standard of sexual purity.

David, a man after God's own heart, faced a daily struggle with sin...just as we do! This month we'll look at what happened to David between the two events above, as well as David's repentance and God's redemption following David's sins of lust, adultery, murder, and deceit.

While you might not be comfortable or agree with all of the material in this month's book, it will confront you and provide biblical insights into an area that is the #1 struggle for most men...even Christian men!

Our goal is to recognize our sin but not rationalize or wallow in it. Instead, choose to rise above through surrender to the Holy Spirit and the grace of God.

Purity is something far too deep for me to arrive at naturally. But when the Holy Spirit comes into me, He brings into the center of my personal life the very Spirit that was exhibited in the life of Jesus Christ, namely, the Holy Spirit, which is absolute unblemished purity.

Oswald Chambers

REMINDER: What we talk about in the vault must stay in the vault. We are a support group for each other and confidentiality must remain a steadfast focus.

Current Month Assignments

- Read [Sex in a Broken World: How Christ Redeems What Sin Distorts](#) by Paul David Tripp. Prepare a book summary and email to your group before your upcoming meeting.
- Memorize the verses attached. Be prepared to quote each verse and reference. *Review your verses from previous months to ensure they become deeply rooted!*
- Get alone for a couple of hours and do the following:
 - Read 2 Samuel 11 (the entire chapter)
 - Make a list of five things David did in Verses 1 – 4 that led to adultery. (e.g., Verse 1 – David was not where he should have been)
 - Now, describe what these five things would look like in your life.
 - Read 2 Samuel 12:1-13
 - Have you given another Christian man permission to confront you (as Nathan did David) with any concerns he sees related to your sexual purity?
 - Is there a Christian man God is leading you to confront with concerns about his sexual purity?
 - Read Psalm 51, a psalm David wrote following his meeting with Nathan the prophet.
 - List everything David says that shows his repentant heart.
 - List everything David says God does for him, as well as all things David asks God to do for him. (e.g., v. 7: *Wash me, and I shall be whiter than snow*)
 - Write out Psalm 32, separating into the sections below. Underneath each section, summarize those verses in your own words:
 - Verses 1-2
 - Verses 3-4
 - Verse 5-7
 - Verses 8-11 (What advice does David give to sinners?)
- Accountability questions – Bring 3 questions to our next meeting you want to be asked by the group to help keep you on track and accountable in the area of sexual purity.
- Man-date: This would be a great opportunity to practice saying your verses.

Resources:

- **5 Steps to Meditating on Your Bible:** <https://www.thegospelcoalition.org/article/5-steps-to-meditating-on-your-bible>
- *Information on Pornography and Sexual Purity* (see following)
- *Some Helpful Scripture Passages* (see following)
- Internet filtering tools:
 - Covenant Eyes
 - Net Nanny
 - K-9 browser
- Accountability partners willing to be transparent
- HOPE Network counseling:
 - Individual counseling for pornography/sex additions
 - Marital counseling where a counselor can help you and your wife navigate through these issues
 - *NOTE: If you are interested in HOPE Network counseling, please let your DM leader know and he'll work with the Vision Team to ensure a connection is made.*

Memory Verses

Be Holy

1 John 2:15-16 - Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world.

Romans 12:1-2 - I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Be Pure

Ephesians 5:3 - But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.

1 Peter 2:11 - Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul.

Information on Pornography & Sexual Purity

- Source: covenanteyes.com/pornstats
 - 28,258 users are watching pornography every second.
 - 1 in 5 mobile searches are for pornography.
 - It's projected that virtual reality (VR) porn will be a \$1 billion industry by 2025.
 - 90% of teens and 96% of young adults are either encouraging, accepting, or neutral when they talk about porn with their friends.
 - Teens and young adults 13-24 believe not recycling is worse than viewing pornography.
 - 64% of Christian men and 15% of Christian women say they watch porn at least once a month.
 - 1 in 5 youth pastors and 1 in 7 senior pastors use porn on a regular basis.
 - 27% of teens receive sexts. 15% send them.
 - 57% of teens search out porn at least once per month.
 - 51% of males view porn before 13 years old (32% of females).
 - On average, males are first exposed to porn when 12 years old.
 - 71% of teens hide online activity from parents.
 - Divorce:
 - 68% involve one spouse meeting a new lover on the Internet.
 - 56% involve one spouse having "an obsessive interest in pornographic websites."
 - "A 2014 study found that compulsive pornography users 'had greater impairments of sexual arousal and erectile difficulties in intimate relationships but not with sexually explicit materials.'"
- According to sociologist Jill Manning (<http://www.heritage.org/testimony/pornographys-impact-marriage-and-the-family>), research indicates pornography consumption is associated with the following six trends, among others:
 1. Increased marital distress, and risk of separation and divorce
 2. Decreased marital intimacy and sexual satisfaction
 3. Infidelity
 4. Increased appetite for more graphic types of pornography and sexual activity associated with abusive, illegal or unsafe practices
 5. Devaluation of monogamy, marriage, and child rearing
 6. An increasing number of people struggling with compulsive/addictive sexual behavior
- According to <http://www.guardchild.com/statistics/>, 70% of children (ages 7 -18) have *accidentally* encountered pornography, often thru a web search while doing homework.

Some Helpful Scripture Passages

Never forget that the Holy Spirit lives inside of each of us and gives us the strength to battle these urges and desires. When King David committed adultery with Bathsheba, murdered her husband Uriah, and attempted a cover-up, he was confronted by the prophet Nathan. David's response shows an important nuance: "I have sinned against the Lord." (2 Samuel 12:13, Psalm 51:4) With sexual sin, there is great collateral damage to our wives, our kids, our relationships, our finances, our bodies, and our attitudes...*BUT ultimately we sin against a holy God.*

The beauty of this story is we worship a holy God who is also a forgiving God and a God of hope and grace. *The gospel is not only what saves us for eternity but also is what gives us hope daily.* Scripture is full of second, third and fourth chances--you are not defeated!

NOTE: The verses below are not part of this month's scripture memory but are provided for additional biblical perspective on sexual purity.

- **1 Corinthians 10:13** *No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.*
- **1 Thessalonians 4:3-5, 7-8** *For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor, not in the passion of lust like the Gentiles who do not know God...For God has not called us for impurity, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you.*
- **Job 31:1** *I have made a covenant with my eyes; how then could I gaze at a virgin?*
- **Ephesians 5:3** *But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.*
- **Ephesians 3:16** *That according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being.*
- **2 Corinthians 3:17** *Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.*