

DAVID'S MEN

SEEKING THE HEART OF GOD



Biblical Manhood

David's Men focuses on discipleship. As disciples of Jesus we also look to Him as our example for Biblical Manhood.

Genesis 1:27 *So God created man in his own image, in the image of God he created him; male and female he created them.*

1 Corinthians 11:3 *But I want you to understand that the head of every man in Christ, and the head of a wife is her husband, and the head of Christ is God.*

Ephesians 5:1 *Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.*

Mark 10:21 *And Jesus, looking at him, loved him, and said to him, "You lack one thing: go, sell all that you have and give to the poor, and you will have treasure in heaven; and come, follow me."*

Men can have covenants, documents, and strategies, but without the gospel there is no authentic empowerment to execute what is laid out in them. The goal of this book is not to motivate men with guilt or their failures, but to facilitate an undeniable encounter with the ultimate God-man. The hero of manhood for this work will be the incarnate Jesus Christ. The eternal contribution of Jesus has changed the course of manhood forever. (Manhood Restored p. 2)

This month your DM group will officially kickoff the reoccurring monthly disciplines of reading a book, writing a book summary, memorizing Scripture, and participating in a man-date. Leaders, make sure to coordinate the man-dates each month and rotate the meetings so that every man eventually meets with one another.

Activities for month one--IF your group did not present their testimony at the Kickoff Dinner then this is their assignment for month one. IF you did complete testimonies then have your men interview a man who is a few steps ahead of them in age or spiritual maturity. Sample questions are provided but please ask these men whatever is on your heart. Be ready to share some key points from the interview at our next meeting.

Current Month Assignments

- Read [Manhood Restored: How the Gospel Makes Men Whole](#) by Eric Mason and prepare a book summary to share with your group. The summary should be approximately one page with the following info:
 - List the big ideas.
 - List your key takeaways.
 - Discuss how you will apply to your life now.
 - Email to each DM in your group prior to November's meeting.
- Complete *30 Minutes to a Shareable Testimony* (see resources list) and be prepared to share your testimony with your group at this month's meeting.
- Memorize the verses attached. Be prepared to quote each verse and reference. It will be helpful for you to read *10 Steps to Start Memorizing Scripture* and *5 Steps to Meditating on Your Bible* (see Resources list).
- Meet with one other guy in the group ("Man-Date"): This would be a great opportunity to practice saying your verses.
- IF your group did not present their testimony at the Kickoff Dinner then this is their assignment for month one. IF you did complete testimonies then have your men interview a man who is a few steps ahead of them in age or spiritual maturity. Sample questions are provided but please ask these men whatever is on your heart. Be ready to share some key points from the interview at our next meeting.

Sample Interview Questions

- What makes an effective leader?
- What are you most passionate about?
- How do you define success?
- Favorite quotation?
- Best advice you ever received?
- What are your goals and dreams (short-term and long-term)?
- What books have influenced your ideas and thoughts the most?
- What magazines, blogs and other information sources do you study?
- What is the best decision you have ever made?
- If you could change your life in one way, what would you change?
- How do you handle stress and failure?
- How do you handle obstacles and roadblocks?
- Who is your hero?
- Who has had the most impact on your life?
- Who do you listen to? Who do you accept advice from?
- What are the most important lessons you've learned along the way?
- If you had it to do over again, what would you do differently?
- How do you manage your time successfully?

Resources:

- **REMINDER:** Each month, go to biltmorechurch.com/davidsmen to download materials.
- Resources for preparing to share your story/testimony:
 - [30 Mins to a Sharable Testimony](#) Read this post, download the pdf, and complete the pdf as you plan to share your story with your group.
 - Others:
 - <https://www.christianitytoday.com/ct/2020/september/monica-macrina-church-mothers-delight-scripture.html>
 - <https://www.cru.org/train-and-grow/share-the-gospel/evangelism-principles/how-to-tell-your-story-worksheet.html>
 - <https://www.cru.org/train-and-grow/share-the-gospel/evangelism-principles/preparing-your-personal-testimony.html>
- Resources for memorizing scripture:
 - [10 Tips to Start Memorizing Scripture](#)
 - Scripture Memory Apps such as scripturetyper.com/. For others, Google “Scripture Memory Apps.”

Memory Verses

Be Holy

1 John 2:15-16 - Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world.

Romans 12:1-2 - I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Be Pure

Ephesians 5:3 - But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.

1 Peter 2:11 - Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul.

Some Helpful Scripture Passages

Never forget that the Holy Spirit lives inside of each of us and gives us the strength to battle these urges and desires. When King David committed adultery with Bathsheba, murdered her husband Uriah, and attempted a cover-up, he was confronted by the prophet Nathan. David's response shows an important nuance: "I have sinned against the Lord." (2 Samuel 12:13, Psalm 51:4) With sexual sin, there is great collateral damage to our wives, our kids, our relationships, our finances, our bodies, and our attitudes...*BUT ultimately we sin against a holy God.*

The beauty of this story is we worship a holy God who is also a forgiving God and a God of hope and grace. *The gospel is not only what saves us for eternity but also is what gives us hope daily.* Scripture is full of second, third and fourth chances--you are not defeated!

NOTE: The verses below are not part of this month's scripture memory but are provided for additional biblical perspective on sexual purity.

- **1 Corinthians 10:13** *No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.*
- **1 Thessalonians 4:3-5, 7-8** *For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor, not in the passion of lust like the Gentiles who do not know God...For God has not called us for impurity, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you.*
- **Job 31:1** *I have made a covenant with my eyes; how then could I gaze at a virgin?*
- **Ephesians 5:3** *But sexual immorality and all impurity or covetousness must not even be named among you, as is proper among saints.*
- **Ephesians 3:16** *That according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being.*
- **2 Corinthians 3:17** *Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.*

NOTE: All scripture quoted in DM materials, including memory verses, is from the English Standard Version (ESV) Bible translation. You may memorize these verses from whichever translation you prefer.